



Syllabus Breakdown

HISTORY GRADE 7

AIR FOUNDATION SCHOOL SYSTEM

ISLAMABAD | PAKISTAN



Teaching weeks per annum

For the regions where academic session begins in **April**

FIRST TERM: APRIL – SEPTEMBER

Expected Teaching Weeks

April	Teaching Week 1	Teaching Week 2	Teaching Week 3	Teaching Week 4
May	Teaching Week 5	Teaching Week 6	Teaching Week 7	First Midterm Examination
June	<i>Summer Vacation</i>	<i>Summer Vacation</i>	<i>Summer Vacation</i>	<i>Summer Vacation</i>
July	<i>Summer Vacation</i>	<i>Summer Vacation</i>	<i>Summer Vacation</i>	<i>Summer Vacation</i>
August	Teaching Week 8	Teaching Week 9	Teaching Week 10	Teaching Week 11
September	Teaching Week 12	Teaching Week 13	Midterm Examination	Mid Term Examination

SECOND TERM: OCTOBER – MARCH

Expected Teaching Weeks

October	Teaching Week 14	Teaching Week 15	Teaching Week 16	Teaching Week 17
November	Teaching Week 18	Teaching Week 19	Teaching Week 20	Teaching Week 21
December	Teaching Week 22	Second Midterm Examination	<i>Winter Vacation</i>	<i>Winter Vacation</i>
January	Teaching Week 23	Teaching Week 24	Teaching Week 25	Teaching Week 26
February	Teaching Week 27	Teaching Week 28	Teaching Week 29	Teaching Week 30
March	<i>Revision Work</i>	Annual Examination	Annual Examination	<i>PTM & Annual Day</i>



Teaching weeks per annum

For the regions where academic session begins in **August**

FIRST TERM: AUGUST – DECEMBER

Expected Teaching Weeks

August	Teaching Week 1	Teaching Week 2	Teaching Week 3	Teaching Week 4
September	Teaching Week 5	Teaching Week 6	Teaching Week 7	First Midterm Examination
October	Teaching Week 8	Teaching Week 9	Teaching Week 10	Teaching Week 11
November	Teaching Week 12	Teaching Week 13	Teaching Week 14	Teaching Week 15
December	Midterm Examination	Midterm Examination	<i>Winter Vacation</i>	<i>Winter Vacation</i>

SECOND TERM: OCTOBER – MARCH

Expected Teaching Weeks

January	Teaching Week 16	Teaching Week 17	Teaching Week 18	Teaching Week 19
February	Teaching Week 20	Teaching Week 21	Teaching Week 22	Second Midterm Exam
March	Teaching Week 23	Teaching Week 24	Teaching Week 25	Teaching Week 26
April	Teaching Week 27	Teaching Week 28	Teaching Week 29	Teaching Week 30
May	<i>Revision Work</i>	Annual Examination	Annual Examination	<i>PTM & Annual Day</i>



Allocation of periods

Subjects and period distribution for preparing timetable, syllabus breakdown, lesson plans etc.

SN	SUBJECT	JUNIOR			PRIMARY		SECONDARY			EACH SUBJECT PER ANNUM
		GRADE – 1	GRADE – 2	GRADE – 3	GRADE – 4	GRADE – 5	GRADE – 6	GRADE – 7	GRADE – 8	
1	English Language	5	5	5	5	5	5	5	5	150
2	Urdu Language	5	5	5	5	5	5	5	5	
3	Mathematics	5	5	5	5	5	5	5	5	
4	Science	-	-	-	5	5	5	5	5	
5	General Knowledge	5	5	5	-	-	-	-	-	
6	Sindhi Language ¹	4	4	4	4	4	4	4	4	120
7	Social Studies	-	-	-	4	4	-	-	-	
8	Islamiyat	4	4	4	4	4	4	4	4	
9	Nazra-e-Quran ²	4	4	4	4	4	4	4	4	
10	Geography	-	-	-	-	-	3	3	3	90
11	Computer Science	3 SRM ³	3 SRM	3 SRM	3 SRM	3 SRM	3	3	3	
12	Life Skills	3 SRM	3 SRM	3 SRM	-	-	-	-	-	
13	Artwork	3 SRM	3 SRM	3 SRM	-	-	-	-	-	
14	History	-	-	-	-	-	2	2	2	60
15	Life Skills & Art	-	-	-	2 SRM	2 SRM	-	-	-	
		-	-	-	-	-	1 SRM	1 SRM	1 SRM	30
PERIODS PER WEEK		37	37	37	37	37	37	37	37	

¹ In Sindh Region only

² In all regions except Sindh

³ SRM: (Supplementary Reading Material)



WEEK	[60]	UNIT & TOPIC CONTENT INCLUDING PAGE NUMBER	SIGN CR/CT	DATE
1 /30	1	CHAPTER 1: MIDDLE AGES IN EUROPE (Collapse of the Roman Empire (Western) in 476 CE Page: 4-5		
	2	Significant Characteristics of Middle Ages in Europe page: 6-7		

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WEEK	[60]	UNIT & TOPIC CONTENT INCLUDING PAGE NUMBER	SIGN CR/CT	DATE
2 /30	3	Significant Characteristics of Middle Ages in Europe page: 8-9		
	4	The King's Court Page: 9 -12		

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WEEK	[60]	UNIT & TOPIC CONTENT INCLUDING PAGE NUMBER	SIGN CR/CT	DATE
3 /30	5	Fall of Constantinople (Istanbul) and A Chronology Timeline of the Middle Ages (500-1500 CE) page: 13-15		
	6	A Chronology Timeline of the Middle Ages (500-1500 CE) page: 15-17		

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WEEK	[60]	UNIT & TOPIC CONTENT INCLUDING PAGE NUMBER	SIGN CR/CT	DATE
4 /30	7	Exercise: Q 1 and 2 page:18-19		
	8	Exercise: Q 2 page:19		

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WEEK	[60]	UNIT & TOPIC CONTENT INCLUDING PAGE NUMBER	SIGN CR/CT	DATE
5 /30	9	Exercise: Q 3 (i to iii parts) page:19		
	10	Exercise: Q 3 (iv to vi parts) page:19		

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WEEK	[60]	UNIT & TOPIC CONTENT INCLUDING PAGE NUMBER	SIGN CR/CT	DATE
6 /30	11	CHAPTER 2: SPREAD OF ISLAM IN EUROPE AND ASIA THE Umayyads page: 21-23		
	12	Significant Advancements of Umayyads page: 23-24		

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WEEK	[60]	UNIT & TOPIC CONTENT INCLUDING PAGE NUMBER	SIGN CR/CT	DATE
7 /30	13	Significant Advancements of Umayyads page: 25-26		
	14	Reasons for the invasion of Sindh page: 27-28		

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WEEK	[60]	UNIT & TOPIC CONTENT INCLUDING PAGE NUMBER	SIGN CR/CT	DATE
8 /30	15	Reasons for the invasion of Sindh & Importance of the Conquest of Sindh page: 28-29		
	16	The Abbasids page: 30-31		

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WEEK	[60]	UNIT & TOPIC CONTENT INCLUDING PAGE NUMBER	SIGN CR/CT	DATE
9 /30	17	Significant Advancements of the Abbasids page:31-32		
	18	Significant Advancements of the Abbasids page:32-33		

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WEEK	[60]	UNIT & TOPIC CONTENT INCLUDING PAGE NUMBER	SIGN CR/CT	DATE
10/30	19	Exercise: Q 1 and 2 page:35-36		
	20	Exercise: Q 2 page:36		

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WEEK	[60]	UNIT & TOPIC CONTENT INCLUDING PAGE NUMBER	SIGN CR/CT	DATE
11/30	21	Exercise: Q 3 (i to iii parts) page:36		
	22	Exercise: Q 3 (iv to vi parts) page:36		

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WEEK	[60]	UNIT & TOPIC CONTENT INCLUDING PAGE NUMBER	SIGN CR/CT	DATE
12/30	23	CHAPTER 3: MUSLIM DYNASTIES AND CRUSADES Seljuk Dynasty (1037-1157 CE) Page: 38-39		
	24	Activity page: 40		

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WEEK	[60]	UNIT & TOPIC CONTENT INCLUDING PAGE NUMBER	SIGN CR/CT	DATE
13/30	25	Fatimid Dynasty (909-1171 CE) page: 40-41		
	26	Ayyubid Dynasty (909-1171 CE) page: 41-43		

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WEEK	[60]	UNIT & TOPIC CONTENT INCLUDING PAGE NUMBER	SIGN CR/CT	DATE
14/30	27	Safavid Dynasty (1501-1736 CE) page: 43-45		
	28	Ottoman Dynasty (924-1924 CE) page: 45-46		

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WEEK	[60]	UNIT & TOPIC CONTENT INCLUDING PAGE NUMBER	SIGN CR/CT	DATE
15/30	29	Ottoman Dynasty (924-1924 CE) page: 47-48		
	30	Crusades page: 48-50		

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WEEK	[60]	UNIT & TOPIC CONTENT INCLUDING PAGE NUMBER	SIGN CR/CT	DATE
16/30	31	Exercise: Q 1 and 2 page:51-52		
	32	Exercise: Q 2 page:52		

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WEEK	[60]	UNIT & TOPIC CONTENT INCLUDING PAGE NUMBER	SIGN CR/CT	DATE
17/30	33	Exercise: Q 3 (i to iii parts) page:52		
	34	Exercise: Q 3 (iv to vi parts) page:52		

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WEEK	[60]	UNIT & TOPIC CONTENT INCLUDING PAGE NUMBER	SIGN CR/CT	DATE
18/30	35	CHAPTER 4: MUSLIMS IN SOUTH ASIA Sultan Mahmood Ghaznavi (997-1030 CE) page:55-57		
	36	Shihab-ud-din Muhammad Ghuri page: 57-59		

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WEEK	[60]	UNIT & TOPIC CONTENT INCLUDING PAGE NUMBER	SIGN CR/CT	DATE
19/30	37	The Delhi Sultanate (1206-1526 CE), The Slaves Dynasty (1206-190 CE) Sultan Qutb-ud-din Aibak (1206-1210 CE) page: 59-61		
	38	Sultan Shams-ud-din Iltutmish (1211-1236 CE) page: 61-62		

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WEEK	[60]	UNIT & TOPIC CONTENT INCLUDING PAGE NUMBER	SIGN CR/CT	DATE
20/30	39	Razia Sultan (1236-1240 CE) & Sultan Ghiyas-ud-din Balban page: 63-64		
	40	The Khiljis’s Dynasty (1290-1320 CE) & Sultan Jala-ud-din Khilji 1290-1296 page: 64-66		

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WEEK	[60]	UNIT & TOPIC CONTENT INCLUDING PAGE NUMBER	SIGN CR/CT	DATE
21/30	41	Sultan Ala-ud-din Muhammad Khilji 1296-1316 CE page: 66-68		
	42	The Tughlaqa Replace the Khiljis, The Tughlaq Dynasty (1320 1414 CE) Muhammad Bin Tughlaq (1325-1351 CE) page: 68-71		

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WEEK	[60]	UNIT & TOPIC CONTENT INCLUDING PAGE NUMBER	SIGN CR/CT	DATE
22 /3	43	Lodhi Dynasty (1451-1526 CE), The Sayyid Dynasty (1414-1451 CE), Mughal Dynasty (1526-1827 CE) page: 72-75		
	44	The Battle of Khanwa page: 76-78		

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WEEK	[60]	UNIT & TOPIC CONTENT INCLUDING PAGE NUMBER	SIGN CR/CT	DATE
23/30	45	Wars with Sher Khan to Reforms of Sher Shah Suri page: 79-82		
	46	Jalal-ud-din Muhammad Akbar (1526-1605 CE) page: 83-85		

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WEEK	[60]	UNIT & TOPIC CONTENT INCLUDING PAGE NUMBER	SIGN CR/CT	DATE
24/30	47	Administration & Nur-ud-din Muhammad Jahangir (1605-1627 CE) page: 86-89		
	48	Shahab-ud-din Muhammad Shah Jahan page: 90-92		

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WEEK	[60]	UNIT & TOPIC CONTENT INCLUDING PAGE NUMBER	SIGN CR/CT	DATE
25/30	49	Religious Reforms to The Arrival of the European nations and the supremacy of the British page: 93-96		
	50	Challenges faced by the Muslims to Shah Waliullah (1703-1762CE) page: 96-100		

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WEEK	[60]	UNIT & TOPIC CONTENT INCLUDING PAGE NUMBER	SIGN CR/CT	DATE
26/30	51	Exercise: Q 1 & 2 page: 102		
	52	Exercise: Q 3 page: 102		

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WEEK	[60]	UNIT & TOPIC CONTENT INCLUDING PAGE NUMBER	SIGN CR/CT	DATE
27 /30	53	Exercise: Q 3 page: 102		
	54	Exercise: Q 4 & Activity page: 102-103		

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WEEK	[60]	UNIT & TOPIC CONTENT INCLUDING PAGE NUMBER	SIGN CR/CT	DATE
28/30	55	CHAPTER 5: MODERN PERIOD IN EUROPE The Renaissance in Europe page: 105-107		
	56	Colonialism and Imperialism page: 108-111		

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WEEK	[60]	UNIT & TOPIC CONTENT INCLUDING PAGE NUMBER	SIGN CR/CT	DATE
29/30	57	What was the Industrial Revolution? page: 111-114		
	58	Exercise: Q 1 and 2 page:115-116		

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WEEK	[60]	UNIT & TOPIC CONTENT INCLUDING PAGE NUMBER	SIGN CR/CT	DATE
30/30	59	Exercise: Q 3 page:116		
	60	Activity page:116		

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