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Teaching weeks per annum

For the regions where academic session begins in April

FIRST TERM: APRIL - SEPTEMBER

Expected Teaching Weeks

April	Teaching Week 1 Teaching Week 2		Teaching Week 3	Teaching Week 4		
May	Teaching Week 5	Teaching Week 6	Teaching Week 7	First Midterm Examination		
June	Summer Vacation	Summer Vacation	Summer Vacation	Summer Vacation		
July	Summer Vacation	Summer Vacation	Summer Vacation	Summer Vacation		
August	Teaching Week 8	Teaching Week 9	Teaching Week 10	Teaching Week 11		
September	Teaching Week 12	Teaching Week 13	1 st Term Examination	1 st Term Examination		

SECOND TERM: OCTOBER - MARCH

Expected Teaching Weeks

October	Teaching Week 14	Teaching Week 15	Teaching Week 16	Teaching Week 17
November	Teaching Week 18	Teaching Week 19	Teaching Week 20	Teaching Week 21
December	Teaching Week 22	Second Midterm Examination	Winter Vacation	Winter Vacation
January	Teaching Week 23	Teaching Week 24	Teaching Week 25	Teaching Week 26
February	Teaching Week 27	Teaching Week 28	Teaching Week 29	Teaching Week 30
March	Revision Work	Annual Examination	Annual Examination	PTM & Annual Day

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Teaching weeks per annum

For the regions where academic session begins in August

FIRST TERM: AUGUST - DECEMBER

Expected Teaching Weeks

August	Teaching Week 1	Teaching Week 2	Teaching Week 3	Teaching Week 4
September	Teaching Week 5	Teaching Week 6	Teaching Week 7	First Midterm Examination
October	Teaching Week 8	Teaching Week 9	Teaching Week 10	Teaching Week 11
November	Teaching Week 12	Teaching Week 13	Teaching Week 14	Teaching Week 15
December	Midterm Examination	Midterm Examination	Winter Vacation	Winter Vacation

SECOND TERM: OCTOBER - MARCH

Expected Teaching Weeks

January	Teaching Week 16	Teaching Week 17	Teaching Week 18	Teaching Week 19
February	Teaching Week 20	Teaching Week 21	Teaching Week 22	Second Midterm Exam
March	Teaching Week 23	Teaching Week 24	Teaching Week 25	Teaching Week 26
April	Teaching Week 27	Teaching Week 28	Teaching Week 29	Teaching Week 30
May	Revision Work	Annual Examination	Annual Examination	PTM & Annual Day

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Allocation of periods

Subjects and period distribution for preparing timetable, syllabus breakdown, lesson plans etc.

SN	SUBJECT		JUNIOR		PRIMARY SECONDARY			EACH		
		GRADE – 1	GRADE – 2	GRADE – 3	GRADE – 4	GRADE – 5	GRADE – 6	GRADE – 7	GRADE – 8	SUBJECT
										PER
										ANNUM
1	English Language	5	5	5	5	5	5	5	5	150
2	Urdu Language	5	5	5	5	5	5	5	5	
3	Mathematics	5	5	5	5	5	5	5	5	
4	Science	-	-	-	5	5	5	5	5	
5	General Knowledge	5	5	5	-	-	-	-	-	
6	Sindhi Language ¹	4	4	4	4	4	4	4	4	120
7	Social Studies	-	-	-	4	4	-	-	-	
8	Islamiyat	4	4	4	4	4	4	4	4	
9	Nazra-e-Quran ²	4	4	4	4	4	4	4	4	
10	Geography	-	-	-	-	-	3	3	3	90
11	Computer Science	3 SRM ³	3 SRM	3 SRM	3 SRM	3 SRM	3	3	3	
12	Life Skills	3 SRM	3 SRM	3 SRM	-	-	-	-	-	
13	Artwork	3 SRM	3 SRM	3 SRM	-	-	-	-	-	
14	History	-	-	-	-	-	2	2	2	60
15	Life Skills & Art	-	-	-	2 SRM	2 SRM	-	-	-	
		-	-	-	-	-	1 SRM	1 SRM	1 SRM	30
PI	ERIODS PER WEEK	37	37	37	37	37	37	37	37	

¹ In Sindh Region only

² In all regions except Sindh

³ SRM: (Supplementary Reading Material)

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FIRST TERM | UNITS OR CHAPTERS DISTRIBUTION WITHIN 15 STUDY WEEKS OF THIS TERM.

Study Week 1 [1/15 1/30] Unit #01 Characteristics ofliving things page # 5-14	Study Week 2 [2/15 2/30] Unit #01 Characteristics of living things page # 15-21	Study Week 3 [3/15 3/30] Unit #01 & 02 Page # 17-28	Study Week 4[4/15 4/30] Unit # 02 page # 28-33
Study Week 5 [5/15 5/30] Unit #02 & 03 page # 33-38	Study Week 6[6/15 6/30] Unit # 03 page # 39-44	Study Week 7 [7/15 7/30] Unit # 03 & 04 page # 44-48	Study Week 8[8/15 8/30] Unit # 03 & 04 page # 35-53
Study Week 9[9/15 9/30] Unit # 04 page # 53-55	Study Week 10(10/15 10/30] Unit # 04 & 05 page # 54-59	Study Week 11[11/15 11/30] Unit # 05 page # 60-65	Study Week 12(12/15 12/30] Unit # 05 & 06 page # 66-72, 81
Study Week (13/15 13/30] Unit # 05 & 06 page # 57-81	Study Week [14/15 14/30] Unit: 5, Physical and chemical changes of MatterPg # 57-61	Study Week [15/15 15/30] Unit: 5, Physical and chemical changes of MatterPg # 61-66	

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SECOND TERM / Final Term | UNITS OR CHAPTER DISTRIBUTION WITHIN 17 WEEKS OF THIS TERM.

Study Week [1/15 16/30] Unit: 5, Physical and chemical changes of Matter Pg # 59-69	Study Week [2/15 17/30] Unit: 5, Physical and chemical changes of Matter.Unit: 6 Light and Sound. Pg # 57-73	Study Week [3/15 18/30] Unit: 6, Light and Sound Pg # 73-77	Study Week [4/15 19/30] Unit:6, Light and Sound it:Unit 7, Earth and its Resources. Unit # 8, Weather and climate Pg # 71-81
Study Week [5/15 20/30] Unit: 6, Light and Sound, Unit 7: Electricity and magnetism. Pg # 81-83	Study Week [6/15 21/30] Unit 7: Electricity and magnetism Pg # 84-89	Study Week [7/15 22/30] Unit 7 : Electricity andmagnetism Pg # 71-93	Study Week [8/15 23/30] Unit 7: Electricity andmagnetism Pg # 94-97
Study Week[9/15 24/30] Unit 7: Electricity and magnetism, Unit:8 Structure of Earth Pg # 97-102	Study Week [10/15 25/30] Unit:8 Structure of EarthPg # 102-107	Study Week [11/15 26/30] Unit:8 Structure of Earth,Unit 9: Space and satellitesPg # 107-115	Study Week [12/15 27/30] Unit 9: Space and satellites, Unit 10: Technology in everyday life Pg # 117-123
Study Week [13/15 28/30] Unit 10: Technology in everyday life Pg # 124-130	Study Week [14/15 29/30] Unit # 10, Technology in everyday life. Pg # 131-134	Study Week [15/15 30/30] REVISION Unit # 05 till 10	



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1st Term

1 /15 1 /30 Daily Break-Up

This is our new teaching week.

Science	Class-5 40 r	min	TERM INFORMATION	- 1	Apr-Oct	15 weeks	1 to 15	75 periods		
5 periods p/w	150 p/a				Nov-Mar	15 weeks	16 to 30	75periods		
MONTH	WEEK	PN	Unit #01 Characte	ristic	s of living	things				
	Week 1	[120]	TOPIC/CONTENT & PAGE	NUME	BER	WORKBOOK / ACTIVIT	YCONTENTS			
		1.	Classificationof orga	Classificationof organisms page #5-6				 Reading and explanation of classification of organisms, importance of Classification, Basis of classification, The five kingdom system and classification. Also show some visual pictures or things that are living or non-living in nature. 		
		2.	The Five Kingdom system page #6-8				Reading, writing and discussion on the topic. •Explain the Kingdom Monera, Kingdom Protista, Kingdom Fungi, KingdomPlantae.			
		3.	• Classification and Ch plants.	Classification and Characteristics of flowering plants				Reading, writing and discussion on the topic. •Introduce the concept of classification of and		
			• Difference between Page # 09-10	Mond	ocot and Did	ot Plants	Characteristics of flowering plants. ●Introduce the concept of difference between Monocot and Dicot Plants.			
	4. Classification Page # 10-11			assification andCharacteristics of Animals.			Reading, writing, discussion and activity on the topic. •Introduce the Classification and Characteristics Animals (Vertebrates, Reptiles, Birds and Mammals)			
		5.	Classification and Cha Page # 12-14	racte	ristics of An	imals.	topic. •Introduce the Classi of Animals (Fishes,	ussion and activity on the fication and Characteristics Amphibians, Insects, ms, Sponges and worms)		

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2 /15 2 /30 **Daily Break-Up**

This is our new teaching week.

Science	Class-5 40 n	nin	TERM INFORMATION		Apr-Oct	15weeks	1 to 15	75 periods	
5 periods p/w	150 p/a			П	Nov-Mar	15 weeks	16 to 30 75 periods		
MONTH	WEEK	PN	Unit #01 Characte	ristic	s of living	things			
	Week 2	[120]	TOPIC/CONTENT & PAG	OPIC/CONTENT & PAGE NUMBER				TY CONTENTS	
		6.	Importance of Plants and Animals Page # 15-17				• Class discussion, Readir	ng, Activity and writing.	
			-		_	•Tell the importance of the plants and animals			
		7.	Importance of Plants and Animals				•Measures for the conversation of Endangered		
			Page # 18-19				Species.		
		8.	Exercise		page#	20	•Tick the correct ans	wers. wers of given question	
	9.	9.	Exercise		page#	21	Write the answers of	f 1 till 3 long questions.	
		10.	Exercise		page#	21		of 4 & 5 long questions.	
							Constructed respons	e Questions.	

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3 **/15** 3 **/30** Daily Break-Up

This is our new teaching week.

Science	Class-5 40 m	in	TERM INFORMATION	I	Apr-Oct	15 weeks	1 to 15	75 periods	
5 periods p/w	150 p/a			Ш	Nov-Mar	15 weeks	16 to 30 75 periods		
MONTH	WEEK	PN	Unit #01 Characte	ristic	s of living	things Ur	nit # 02 Micro-orga	nism	
	Week 3	[120]	TOPIC/CONTENT & PAGI					Y CONTENTS	
		11.						Take written test.	
		12.	Micro-organism page# 23-24				ReadMicro-organism, Main groups of Micro- Organism, Virus, Bacteria, from the course book and discuss their shapes with the students. Home Work: Do Activity page# 24		
		13.	Micro-organism		page#	25-26	Class discussion, reading Read Fungi, Protozoa and discuss their shape	, Algae from the course book	
	14.		Advantages and Disadvantages of Micro-organism page# 26				Class discussion, reading Tell the students Ac Disadvantages of M	dvantages and	
		15.	Role of Micro-organis Page#27-28	sm in I	Decomposit	tion	Class discussion, readin Explain useful and Decomposition.	• •	

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4 /15 4 /30 Daily Break-Up

This is our new teaching week.

Science	Class-5 40 m	nin	TERM INFORMATION	ı	Apr-Oct	15 weeks	1 to 15	75 periods	
5 periods p/w	150 p/a			II	Nov-Mar	15 weeks	16 to 30	75 periods	
MONTH	WEEK	PN	Unit # 02 Micro-org	ganis	m				
	Week 4	[120]	TOPIC/CONTENT & PAGE	OPIC/CONTENT & PAGE NUMBER				TY CONTENTS	
		16.	Common diseases car	used k	y Micro-org	ganisms	•Read about Commo	n diseases caused by Micro-	
			Page # 28-29				organisms.		
						•Do activities.			
		17.	Infection	Page#30 -31			• Read about infection and ways to avoid infections.		
		18.	Exercise Page#32-33				Solve MCQ's Write the answers of short questions		
		19.	Exercise		Page#3	3	• Fill in the blanks.	of 1 & 2 long questions	
		20.	Exercise		Page#33	2		of 3 & 4 long questions.	
		20.	LACICISC		rage#3	•	Constructed Respo	• •	

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5 **/15** 5 **/30 Daily Break-Up**

This is our new teaching week.

Class-5 40 m	in	TERM INFORMATION		Apr-Oct	15 weeks	1 to 15	75 periods		
5 periods p/w 150 p/a II Oct-Nov					15 weeks	16 to 30	75 periods		
WEEK	PN	Unit # 02 Micro-org	ganisı	m l	Unit #03, F	owers and Seeds			
Week 5	[120]	TOPIC/CONTENT & PAG	E NUM	BER		WORKBOOK / ACTIVIT	TY CONTENTS		
	21.	Micro-organismPa	ge# 33			Test of long and shor	t questions.		
	22.	Project Pa	roject Page#33				•Make project in the class room		
	23.	Flowers	Flowers Page#35				Class discussion, reading, activity and writing.		
							ucture of Flowers from the nts will draw and label the		
	24.	Pollination and its ty	pesPag	ge# 36			of Pollination and its types and		
						•			
	25.	Reproduction in Plan	tsPage	#37-38		· •	•		
			_			 Explain difference bet 	ween Sexual and Asexual		
						Reproduction.			
	150 p/a WEEK	WEEK PN [120] 21. 22. 23.	WEEK PN Unit # 02 Micro-org Week 5 [120] TOPIC/CONTENT & PAG 21. Micro-organismPa 22. Project Pa 23. Flowers 24. Pollination and its ty	150 p/a WEEK PN Unit # 02 Micro-organism Week 5 [120] TOPIC/CONTENT & PAGE NUMI 21. Micro-organismPage# 33 22. Project Page#33 23. Flowers 24. Pollination and its typesPage	WEEK PN Unit # 02 Micro-organism Week 5 [120] TOPIC/CONTENT & PAGE NUMBER 21. Micro-organismPage# 33 22. Project Page#33 23. Flowers Page#3 24. Pollination and its typesPage# 36	Neeks PN Unit # 02 Micro-organism Unit #03, Fl	MEEK PN Unit # 02 Micro-organism Unit #03, Flowers and Seeds		

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6 **/15** 6 **/30 Daily Break-Up**

This is our new teaching week.

Science	Class-5 40 m	iin	TERM INFORMATION	1	Apr-Oct	15 weeks	1 to 15	75 periods		
5 periods p/w	150 p/a			П	Oct-Nov	15 weeks	16 to 30	75 periods		
MONTH	WEEK	PN	Unit #03, Flowers	and S	eeds					
	Week 6	[150]	TOPIC/CONTENT & PAG	OPIC/CONTENT & PAGE NUMBER				WORKBOOK / ACTIVITY CONTENTS		
		26.	Structure of Seed	Pag	e#39-40	• Explain Structure and Do Activity: Demonst	Functions of Seed. ration of Seed Germination.			
		Seed Germination and Conditions Necessary for Seed GerminationPage#40-41				ssary for	 Explain Seed Germination and Conditions Necessary for Seed Germination. Explain Structure of Chickpea Seed. 			
		28.	Structure of SeedPag	e#42			••Explain Structure of Comparison of Chick	f Maize Seed and pea and Maize Seed.		
		29.	Exercise Page#43-44	ļ			•Solve MCQ"s and Tr •Fill In the blanks.	ue and False.		
		30.	Exercise Page#44				Write the short answer	ers of the given questions.		



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7 /15 7 /30 Daily Break-Up

This is our new teaching week.

Science	Class-5 40 m	in	TERM INFORMATION	l	Apr-Oct	15 weeks	1 to 15	75 periods	
5 periods p/w	150 p/a			Ш	Oct-Nov	15weeks	16 to 30	75 periods	
MONTH	WEEK	PN	Unit #03, Flowers a	and S	eeds U	nit # 04 En	vironmental Pollution		
	Week 7	[150]	TOPIC/CONTENT & PAGE	TOPIC/CONTENT & PAGE NUMBER				TY CONTENTS	
		31.	Exercise Page#44				Write the short answer	ers of the given questions.	
		32.	Exercise Page#44				Q No1:Elaborate the given terms. i) Pollination, ii) Self- Pollination iii) Cross Pollination.		
		33.	Exercise Page#44	kercise Page#44				on Structure of flower. exual reproduction in plants	
		34.	Exercise Page	‡ 4 5			•Make a project.		
		35.	Environmental pollut Page#47-48	ion ar	nd its types		Water Pollution, Cause	al pollution and its types" (s of water and its impacts, al waste , Agriculture water)	

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8 /15 8 /30 **Daily Break-Up**

This is our new teaching week.

Science	Class-5 40 m	in	TERM INFORMATION	I	Apr-Oct	15 weeks	1 to 15	75 periods	
5 periods p/w	150 p/a			II	Oct-Nov	15 weeks	16 to 30	75 periods	
MONTH	WEEK	PN	Unit #03, Flowers a	nd S	eeds U	nit # 04 En	vironmental Pollution		
	Week 8	[150]	TOPIC/CONTENT & PAGE NUMBER				WORKBOOK / ACTIVIT	TY CONTENTS	
		36.	Flowers and SeedsPage	e#35-4!	5		•Test of whole chapter		
		37.	Air & Land Pollution , Page#49	its ca	uses and In	npact	•Tell the students about air pollution, causes of air pollution and its impacts. Also tell the students Land pollution, causes of Land pollution and its impacts.		
		38.	Effects of pollution or	life	Page#50		•Tell the students aboand burning of fossil	out effects of pollution on life, fuels.	
		39.	Effects of pollution or	life	Page#50	-51	•Tell the students abo Biodegradable waste	out Greenhouse effects and	
		40.	Non-Biodegradable wa	ste	Page	¥52-53		out Non-Biodegradable waste Non-Biodegradable waste on	

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9 **/15** 9 **/30 Daily Break-Up**

This is our new teaching week.

Science	Class-5 40 m	in	TERM INFORMATION	1	Apr-Oct	15 weeks	1 to 15	75 periods	
5 periods p/w	150 p/a			П	Oct-Nov	15 weeks	16 to 30	75 periods	
MONTH	WEEK	PN	Unit # 04 Environm	enta	l Pollutio	า			
	Week 9	[150]	TOPIC/CONTENT & PAGE	NUM	BER		WORKBOOK / ACTIVITY CONTENTS		
		41.	Non-Biodegradable wa	ste	Page	•Explain the steps to avoid pollution of Non- Biodegradable Material and measures of reduce pollution.			
		42.	Activity						
		43.	Exercise P	age#!	54-55		Solve MCQ's and fire	rst 2 short questions.	
		44.	Exercise	Page	#55		Write the answers of	of short Q 3, 4 and 5.	
		45.	Exercise	Page	#55		Project Let's prepare organic	fertilizer.	



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10/15 10/30 **Daily Break-Up**

This is our new teaching week.

Class-5 40 m	in	TERM INFORMATION	- 1	Apr-Oct	15 weeks	1 to 15	75 periods		
150 p/a			П	Oct-Nov	15 weeks	16 to 30	75 periods		
WEEK	PN	Unit # 04 Matter and	its Cha	aracteristics	Unit #05	Physical and Chemical Changes of Matter.			
Week 10	[150]	TOPIC/CONTENT & PAGE	OPIC/CONTENT & PAGE NUMBER				WORKBOOK / ACTIVITY CONTENTS		
	46.	Exercise Page#54-55				Test of MCQ"s and S	Test of MCQ"s and Short Questions / Answers		
	47.	Exercise Page#55				Write down the Answers the long questions.			
	48.	Matter		Page#57	Class discussion, reading, activity and writing.				
						arrangements of part	icles in Matter.		
	49.	Changes in Material T	hings	Page#	[!] 58	•Tell the students about changes in the material			
			•	J		things.			
						•Do activity 1			
	50.	Process Involved in Cl	nange	s in State of	Matter		Involved in Changes in State		
		Page#58-59							
		1 ugc#30-33				Do Activity 2 at home	ı .		
	150 p/a WEEK	WEEK PN [150] 46. 47. 48.	WEEK PN Unit # 04 Matter and TOPIC/CONTENT & PAGE 46. Exercise Page#54-55 47. Exercise Page#55 Matter 49. Changes in Material T	150 p/a WEEK PN Unit # 04 Matter and its Cha Week 10 [150] TOPIC/CONTENT & PAGE NUMB 46. Exercise Page#54-55 47. Exercise Page#55 48. Matter 49. Changes in Material Things 50. Process Involved in Change	150 p/a WEEK PN Unit # 04 Matter and its Characteristics Week 10 [150] TOPIC/CONTENT & PAGE NUMBER 46. Exercise Page#54-55 47. Exercise Page#55 48. Matter Page#57 49. Changes in Material Things Page# 50. Process Involved in Changes in State of	150 p/a WEEK PN Unit # 04 Matter and its Characteristics Unit #05 Week 10 [150] TOPIC/CONTENT & PAGE NUMBER 46. Exercise Page#54-55 47. Exercise Page#55 48. Matter Page#57 49. Changes in Material Things Page#58 50. Process Involved in Changes in State of Matter	Number N		

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11/15 11/30 Daily Break-Up

This is our new teaching week.

Science	Class-5 40 r	min	TERM INFORMATION	1	Apr-Oct	15 weeks	1 to 15	75 periods	
5 periods p/w	150 p/a			Ш	Oct-Nov	15 weeks	16 to 30	75 periods	
MONTH	WEEK	PN	Unit #05, Physical ar	nd Ch	emical Cha	anges of Ma	itter.		
	Week 11	[150]	TOPIC/CONTENT & PAGE	NUM	BER		WORKBOOK / ACTIVIT	TY CONTENTS	
		51.	Process Involved in C Page#60-61	hange	es in State o	f Matter	Explain the "Process of Matter(Evaporatio Do Activity 3at home	Involved in Changes in State n and Condensation)	
		52.	Solution and its comp	onen	ts Page#61	-62	Class discussion, reading, activity and writing. •Explain the solution and its components. •Explain "how can the process of Dissolution be Accelerated?" •Do Activity 4.		
		53.	Increasing Temperatu	ıre	Page#	62-63	Reading and explanationDo Activity 5 & 6.	ation.	
		54.	Activities Page#	63-64	1		•Do activity 7 & 9. • Activity 10 for Home	e work.	
		55.	Chemical changes in o Page# 64-65	everyo	day lifeand	Matter	•Reading and explan- in everyday life and Do activity 11 at hom		

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12/15 12/30 **Daily Break-Up**

This is our new teaching week.

Science	Class-5 40 n	nin	TERM INFORMATION	1	Apr-Oct	15 weeks	1 to 15	75 periods	
5 periods p/w	150 p/a			Ш	Oct-Nov	15 weeks	16 to 30	75 periods	
MONTH	WEEK	PN	Unit #05, Physical	and	Chemical	Changes c	of Matter.		
			Unit# 06, Light and	l Sou	nd	_			
	Week 12	[150]	TOPIC/CONTENT & PAG	ENUM	BER		WORKBOOK / ACTIVIT	TY CONTENTS	
		56.	Burning, Decaying an	d diffe	erence betv	veen	Class discussion, reading	ng, activity and writing.	
			physical and chemica	l chan	ges Page#6	6-68	Homework:		
			. ,				Solve MCQ's for		
		57.	Exercise Page	#68-69	9		•Write the answers of sh	ort questions.	
							Home work: Construct	ed response questions , Project	
		58.	Exercise Page	#69			•Write the answers of lo	ng questions.	
		59.	Light and Sources and 72, 81	d sour	ces of Light	Page# 71-	Class discussion, read Write the answer of	ling, explanation, and writing. short Q#02	
		60.	Activity 2 Page# 72				•Do Activity 1 & 2		



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Week 13

13/15 13/30 Daily teaching week.Break-Up

This is our new

Science	Class-5 40 i	min	TERM INFORMATION	1	Apr-Oct	15 weeks	1 to 15	75 periods	
5 periods p/w	150 p/a			- II	Oct-Nov	15 weeks	16 to 30	75 periods	
MONTH	WEEK	PN							
		[150]	TOPIC/CONTENT & PAG	E NUM	BER		WORKBOOK / ACTIVITY CONTENTS		
		61.	Physical and Cher	nical	Changes of	of Matter	•take test of whole ur	nit.	
			Page# 57-69						
		62.	Luminous and Non- I Transparent, opaque Reflection of light Exercise		Franslucent	objects e# 73-74	Class discussion, read Write the answer of	ling, explanation, and writing. short Q#03.	
		63.	What happens to light Shadow formation, L		n it is reflection, Size and		Class discussion, read	ling, explanation, and writing.	
		64.	Exercise		Page#81		•Long Q# 1, 2		
		65.	Unit #01 till Unit # 06	SPage#	: 05-81		•Test of whole chapter	S.	

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14/15 14/30

Daily Break-Up

This is our new teaching week.

Science	Class-5 40	min	TERM INFORMATION		Apr-Oct	15weeks	1 to 15	75 periods		
5 periods p/w	/ 150 p/a			II	Oct-Nov	15 weeks	16 to 30	75 periods		
MONTH	WEEK	PN	Unit: 5, Physical and o	hemi	cal changes	of Matter.				
	Week 14	[150]	TOPIC/CONTENT & PAG	E NUI	MBER		WORKBOOK / ACTIVITY CONTENTS			
		1.	Matter		Page # 57	 Class discussion, Reading and Writing. Tell the students about the Matter and arrangements of particles in Matter. 				
		2.	Changes in material things Page # 58				 Reading and Activity. Tell the students about changes in the material things. Do activity 1. 			
	3. Process involved in changes in state of matter. Page # 58-59			f matter.	 Explain the process involved in changes in state of matter (Freezing Melting, and Boiling). Do activity 2 at home. 					
		4.	Process involved in ch Page #60-61	ange	s in state o	f matter.		process involved in state of matter (Freezing, piling)		
		5.	Solution and its comp	onen	ts P	 Explain the solution and its components. Tell the student about the difference between solvent and solute. 				



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15/15 15 /30 Daily Break-Up

This is our new teaching week.

Science	Class-5 40	min	TERM INFORMATION	- 1	Apr-Oct	15 weeks	1 to 15	75 periods		
5 periods p/w	150 p/a			П	Oct-Nov	15 weeks	16 to 30	75 periods		
MONTH	WEEK	PN	Unit: 5, Physical and	chemic	al changes	of Matter.				
	Week 15	[150]	TOPIC/CONTENT & PAG	E NUME	BER		WORKBOOK / ACTIVITY CONTENTS			
		1.	Solution and its com	ponent	s Page# 6	51 – 62	-	w can the process of be accelerated?" 4.		
		2.	Increasing temperatu	ncreasing temperature Page# 62 – 63				planation and Activity. 5,6		
		3.	Activities		Page# 63	3 – 64	 Explanation and activity Do activity 7 and 9 Activity 10 for homework. 			
		4.	Chemical changes in Page# 64-65	everyd	ay life and	matter	changes in	d explanation of chemical everyday life and matter. 10 at home.		
		5.	Burning and decaying	g	Page# 66	5		ssion, reading and activity and decaying in the		



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2nd Term /Final Term

1/15 16/30 **Daily Break-Up**

This is our new teaching week.

Science	Class-5 40 r	min	TERM INFORMATION	1	Apr-Oct	15 weeks	1 to 15	75 periods
5 periods p/w	150 p/a			II	Oct-Nov	15 weeks	16 to 30	75 periods
MONTH	WEEK	PN	Unit: 5, Physical and					
	Week 16	[150]	TOPIC/CONTENT & PAG	E NUM	BER		WORKBOOK / ACTIVIT	TY CONTENTS
	1. Physical and chemical changes of mat Page#59-66						Assessment of page # 59-66	f the previous work from
		2.	Difference between p changes Page#6	-	nical	 To explain the concept of difference between physical and chemical changes. Homework: solve MCQs. 		
	3. Key points 4. Exercise	Key points		Page# 67		Learn and disc	cuss the key points.	
		Exercise	Page# 68			 Write the answers of short question Homework: write answer the constructed response questions. 		
		5.	Exercise		Page# 69	Write the answer of long answer.		



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2/15 17/30 **Daily Break-Up**

This is our new teaching week.

Science	Class-5 40	min	TERM INFORMATION	I	Apr-Oct	15 weeks	1 to 15	75 periods	
5 periods p/w	150 p/a			П	Oct-Nov	15 weeks	16 to 30	75 periods	
MONTH	WEEK	PN	Unit: 5, Physical and	chemic	al changes	of Matter.	Unit: 6, Light and Sound WORKBOOK / ACTIVITY CONTENTS		
	Week 17	[150]	TOPIC/CONTENT & PAG	E NUMB	BER				
		1.	Physical and chemical Page#57-69	l chang	ges of matt	ter	Take test of w	hole unit	
		2.	Project		Р	age#69	Complete the	project in the classroom	
		3.	Light and sources an 72	es of light	Page#71-	Class discussion, reading, explanation			
	4.	4.	Activities		Р	age#72	Do activity 1 a	ind 2	
		5.	Luminous and non-lu transparent, opaque Page#73		•	objects.	Class discussion	on, reading, explanation	

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3/15 18/30 **Daily Break-Up**

This is our new teaching week.

Science	Class-5 40 m	in	TERM INFORMATION I	Apr-Oct	15 weeks	1 to 15	75 periods		
5 periods p/w	150 p/a		II	Oct-Nov	15 weeks	16 to 30	75 periods		
MONTH	WEEK	PN	Unit: 6, Light and Sound						
	Week 18	[150]	TOPIC/CONTENT & PAGE NUMB	ER	WORKBOOK / ACTIVIT	TY CONTENTS			
		1.	Reflection of light	Page#73-	74	 To give explanation about reflection of light. To explain "what happens when light reflected" 			
		2.	Shadow formation, location shadow.	, size and s Page#74-	•	Class discussion, reading and writing.Write the Q1 and Q2 Short questions			
		3.	Production of sound	Page# 75-	76	 To give details about the sound and production of sound. Class discussion and explanation about how does sound travel. 			
		4.	Sound travel	Page# 76-	77				
		5.	Intensity of sound	Page#77		To explain the sound.	concept of intensity of		



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4/15 19/30 Daily Break-Up

This is our new teaching week.

Science	Class-5 40 n	nin	TERM INFORMATION I Apr-Oct 15 week				1 to 15	75 periods	
5 periods p/w	150 p/a			П	Oct-Nov	15 weeks	16 to 30	75 periods	
MONTH	WEEK	PN	Unit: 6, Light and Sou	ınd					
	Week 19	[150]	TOPIC/CONTENT & PAG	TOPIC/CONTENT & PAGE NUMBER				ITY CONTENTS	
		1.	Light and sound	Pa	age#71-77	 Take assessment of the previous worl from Page71-77 			
		2.	Noise and Music		Pa	age# 78		on and reading to explain music and their effects of nan health.	
		3.	Measures to reduce I	Noise	Pollution	Page #79		ion and explanation about ce noise pollution.	
		4.	Key Points		Pa	age#80	Learn and dis	scuss the key points.	
		5.	Exercise		Pa	age#81	Write the sho	ort questions Q3 til Q5	



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5/15 20/30 **Daily Break-Up**

This is our new teaching week.

Science	Class-5 40 m	in	TERM INFORMATION	I	Apr-Oct	15 weeks	1 to 15	75 periods	
5 periods p/w	150 p/a			II	Oct-Nov	15 weeks	16 to 30	75 periods	
MONTH	WEEK	PN	Unit: 6, Light and So	und , U	nit 7 : Elec	tricity and n	nagnetism		
	Week 20	[150]	TOPIC/CONTENT & PAGE NUMBER				WORKBOOK / ACTIVITY CONTENTS		
		1.	Light and sound	Light and sound Page# 81				ort questions of unit 6	
		2.	Exercise		Page# 81	Write the lon	g questions Q1 till Q3		
		3.	Exercise		Page # 81		Write theQ4 a	and Q5.	
		4.	Activity		Page # 81		Explain the activity to the students		
							Homework: Do MCQs		
		5.	Electricity Page # 83				Reading and activity		
							 Tell the students about electricity. 		
							Homework: Do activity :1		



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6/15 21/30 Daily Break-Up

This is our new teaching week.

Science	Class-5 40	min	TERM INFORMATION	1	Apr-Oct	15 weeks	1 to 15	75 periods		
5 periods p/w	150 p/a			П	Oct-Nov	15 weeks	16 to 30	75 periods		
MONTH	WEEK	PN	Unit 7: Electricity an	d mag	netism					
	Week 21	[150]	TOPIC/CONTENT & PAGE	ENUM	BER		WORKBOOK / ACTIVI	WORKBOOK / ACTIVITY CONTENTS		
		1.	Static electricity		Pa	age:84-85	Reading and a	activity		
							Explain the co	ncept of static electricity		
						· -	Explain the concept of static electricityDo activity 2 in the classroom.			
		2.	Electric current		Pa	age : 85-86	Reading and a	activity		
						•		oncept of electric current		
							· -	n the classroom.		
		3.	Electric circuit and its	comp	onents		To give detail	about the electric circuit		
			Page# 86				and its compo	onents.		
		4.	Conductors and its in	sulato	ors Pa	age : 87	and insulators	the concept of conductors s. n the classroom.		
		5.	Uses of conductors at Page: 88-89	nd ins	ulators in d	aily life	To give explain	nation about the uses of nd insulators in our daily		

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7/15 22/30 **Daily Break-Up**

This is our new teaching week.

Science	Class-5 40 m	iin	TERM INFORMATION		pr-Oct	15 weeks	1 to 15	75 periods		
5 periods p/w	150 p/a			II C	ct-Nov	15 weeks	16 to 30	75 periods		
MONTH	WEEK	PN	Unit 7: Electricity ar	nd magne	tism					
	Week 22	[150]	TOPIC/CONTENT & PAGE NUMBER				WORKBOOK / ACTIVI	TY CONTENTS		
		1.	Light and sound Page: 71-87				Take test of wh	nole unit:6		
		2.	Magnetic and non-magn	Nagnetic and non-magnetic material Page : 90-91				 To give explanation about magnetic and non-magnetic materials Do activity 5 in the classroom. 		
		3.	Properties of a magnet				the students th	ne properties of a magnet to nrough activities. nd 7 in the classroom.		
		4.	Earth as a huge magnet				magnet and th towards it.	students that our earth is a big e earth attracts everything the classroom.		
		5.	Magnetic compass Page: 93					n and activity t about magnetic compass. the classroom.		

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8/15 23/30 Daily Break-Up

This is our new teaching week.

Science	Class-5 40 m	nin	TERM INFORMATION	ı	Apr-Oct	15 weeks	1 to 15	75 periods	
5 periods p/w 2	150 p/a			II	Oct-Nov	15 weeks	16 to 30	75 periods	
MONTH	WEEK	PN	Unit 7: Electricity ar	nd mag	gnetism				
	Week 23	[150]	TOPIC/CONTENT & PAGE NUMBER				WORKBOOK / ACTIVITY CONTENTS		
		1.	Working of magnetic compass			age: 94	 Tell the students about the working of magnetic compass (Permanent magnet) 		
		2.	Temporary and electro	ets P	age:95	Explain about the electromagnetsDo activity 10 in			
		3.	Key point	Key point			Learn and discuss the key pointsHomework: Do MCQs.		
		4.	Exercise	P	age: 97	Write Q1 till Q3 short questions.			
		5.	Exercise		P	age: 97	Write Q4 and QComplete the fi	5 short questions. Il in the blanks.	

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9/15 24/30 Daily Break-Up

This is our new teaching week.

Science	Class-5 40 m	nin	TERM INFORMATION	ı	Apr-Oct	15 weeks	1 to 15	75 periods	
5 periods p/w	150 p/a			II	Oct-Nov	15 weeks	16 to 30	75 periods	
MONTH	WEEK	PN	Unit 7: Electricity an	d mag	gnetism, Ur	nit:8 Structu	re of Earth		
	Week 23	[150]	TOPIC/CONTENT & PAGE NUMBER				WORKBOOK / ACTIVIT	TY CONTENTS	
		1.	Electricity and magnetism			age:97	Take test of all short questions/answers		
		2.	Exercise	Pa	age:97	Write the long answers.			
		3.			Pa	age: 98	Do Project in Homework: W response que	/rite answer of constructed	
		4.			Pa	age: 100	 Tell the students about the structure of the earth. Homework: Do activity no 1 		
		5.	Water cycle		Pa	age: 101-102	 To explain the importance of water cycle Do activity no 2 in the classroom. 		

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10/15 25/30 **Daily Break-Up**

This is our new teaching week.

Science	Class-5 40 m	nin	TERM INFORMATION	1	Apr-Oct	15 weeks	1 to 15	75 periods	
5 periods p/w	150 p/a			Ш	Oct-Nov	15 weeks	16 to 30	75 periods	
MONTH	WEEK	PN	Unit:8 Structure of Ea	arth					
	Week 23	[150]	TOPIC/CONTENT & PAGE NUMBER				WORKBOOK / ACTIVI	TY CONTENTS	
		1.	Soil and their formation Page: 102-103				 Class discussion and reading To explain about the soil and formation and components Homework: Do activity no 3 in the classroom. 		
		2.	Characteristics of soil			age 103-104	To elaborate the soil.	, reading and activity e different characteristics of in the classroom.	
		3.	Types of soil Page: 104-105					s about different types of soil. activity no 5 in the classroom.	
		4.	Exercise		P	age: 107	Write Q1 till Q5	short questions.	
		5.	Exercise			age: 107	Complete MCQsDo activity giver		

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11/15 26/30 Daily Break-Up

This is our new teaching week.

Science	Class-5 40 m	nin	TERM INFORMATION	I	Apr-Oct	15 weeks	1 to 15	75 periods		
5 periods p/w 1	150 p/a			Ш	Oct-Nov	15 weeks	16 to 30	75 periods		
MONTH	WEEK	PN	Unit:8 Structure of Ea	arth, l	Jnit 9: Spac	e and satelli	ites			
	Week 23	[150]	TOPIC/CONTENT & PAGE NUMBER				WORKBOOK / ACTIVI	TY CONTENTS		
		1.	Exercise Page: 107				Write down the	answer to the long questions.		
						Homework : Do	Project			
		2.	Space		P	Class discussion	and reading.			
						 Tell the students about "Space". 				
		3.	Space exploration	Space exploration			Class discussion	eading and activity		
								bout "Space". eading and activity pace exploration. the classroom.		
							Do activity no 1 in the classroom.			
		4.	Satellites		P	age: 111-112		s about the satellites and their		
							types.			
		5.	Importance of satellites		P	age: 113-115	To give explain	nation about Importance of		
							satellites.			
							Homework: D	Oo Activity no 2 in the		
						classroom.				

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12/15 27/30 Daily Break-Up

This is our new teaching week.

Science	Class-5 40 m	nin	TERM INFORMATION	I	Apr-Oct	15weeks	1 to 15	75 periods	
5 periods p/w 3	150 p/a			Ш	Oct-Nov	15 weeks	16 to 30	75 periods	
MONTH	WEEK	PN	Unit 9: Space and sat	ellites	, Unit 10:	Technology	n everyday life		
	Week 23	[150]	TOPIC/CONTENT & PAG	E NUM	BER		WORKBOOK / ACTIVIT	TY CONTENTS	
		1.	Importance of artificial sa	atellites	5 P	age:117-118	 Class discussion To give explanate artificial satellite 	ion about the importance of	
		2.	Exercise		P	age: 120	Write Q1 till Q5	short questions.	
		3.	Exercise	Exercise			Write answer th questions. Homework: Do	e constructed response MCQs.	
		4.	Exercise		Р	age: 120	Write the answer	er to the long questions.	
		5.	Safety measures and prin laboratory.	nciples		g in a Page: 122-123	Tell the stude	CQs.	

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13/15 28/30 Daily Break-Up

This is our new teaching week.

Science	Class-5 40 m	iin	TERM INFORMATION	I	Apr-Oct	15 weeks	1 to 15	75 periods	
5 periods p/w	150 p/a			Ш	Oct-Nov	15 weeks	16 to 30	75 periods	
MONTH	WEEK	PN	Unit 10: Technology	in eve	ryday life				
	Week 23	[150]	TOPIC/CONTENT & PAG	E NUM	IBER	WORKBOOK / ACTIVI	TY CONTENTS		
		1.	Spirit level Page: 124-125				 To explain about the Spirit level and its uses. Homework: Do activity no 2 in the classroom 		
		2.	Plumb line		Р	age: 125-126	 Explain to the students the uses of plumb line in their daily life. Do activity no 3 in the classroom 		
	3. LED light string				P	Page: 126-127 Reading and activity to elaborat LED light string. Do activity no 4 in the classroom			
		4.	Making a musical instrun	nents	P	age: 127-128		encourage the students to instruments (Guitar).	
		5.	Using First Aid box		P	age: 129-130	and make stu	Aid information to students idents aware of the first Aid by conducting ties.	

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14/15 29/30 Daily Break-Up

This is our new teaching week.

ssssssSc ience	Class-5 40 m	nin	TERM INFORMATION	I	Apr-Oct	15 weeks	1 to 15	75 periods	
5 periods p/w 1	150 p/a			———	Oct-Nov	15 weeks	16 to 30	75 periods	
MONTH	WEEK	PN	Unit 10: Technology	in eve	ryday life				
	Week 23	[150]	TOPIC/CONTENT & PAGE NUMBER				WORKBOOK / ACTIVITY CONTENTS		
		1.	Shifting a person to hospital Page: 131				 To explain the different steps of shifting a person to a Hospital. Homework: Do Activity no 5 in the classroom. 		
		2.	Fire Drill		Page: 132		To elaborate the activities.	e fire drill through different	
		3.	Earth quake/Flood Drill		Page: 133			e different steps of od drill through different	
		4.	Exercise		Page: 134		Write the short	answers Q1 till Q5.	
		5.	Exercise		Page: 134		Write the answe Homework: Do	ers to the long questions . MCQs.	

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15/15 30/30 **Daily Break-Up**

This is our new teaching week.

Science	Class-5 40 min		TERM INFORMATION	- 1	Apr-Oct	15 weeks	1 to 15	75 periods
5 periods p/w 150 p/a				Ш	Oct-Nov	1 weeks	16 to 30	75 periods
MONTH	WEEK	PN	Revision : Unit # 5 till	10				
	Week 23	[150]	TOPIC/CONTENT & PAGE NUMBER				WORKBOOK / ACTIVITY CONTENTS	
		Revision				Revision of Unit : 5		
		2.	Revision				Revision of Unit : 6	
	3.							
			Revision				Revision of Unit : 7	
		4.	Revision				Revision of Unit : 8	
		5.	Revision				Revision of Unit	: 9 & 10